

Healing Attachment Wounds & Trauma: The PBSP Approach



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Deficits in attachment/parenting and trauma both tend to be stored in the body and in living patterns more than verbally—“**the body keeps the score.**” Often both have occurred and the effects intertwine. PBSP is a deep, safe therapeutic approach that incorporates this somatic information in the healing process. In this daylong workshop we will demonstrate how PBSP allows clients to access and antidote these dysfunctions.

According to Dr. Bessel van der Kolk ***PBSP® is “an extraordinarily effective technique...providing people with experiences that were missing during their growth and development. The artistry of Pesso's ‘structure’ can be a unique and profoundly life-altering experience.”***

Workshop sponsored by the Southeastern Psychomotor Society, Inc. (SEPS)

Workshop presenter:

Gus Kaufman, Jr., Ph.D., a clinical psychologist in Decatur, GA, is the senior U.S. trainer certified by Al and Diane Pesso and the Psychomotor Institute. He has taught PBSP around the U.S., in Europe, and in Israel. His intervention work around abuse includes co-founding five nonprofits, among them Men Stopping Violence.

Gus will provide an introduction to PBSP, assisted by other PBSP trainers, including experience with the latest developments.



Friday, June 25, 2010 at The Link Counseling Center

Learning objectives:

1. Learn the five basic needs addressed by PBSP
2. See how developmental deficits and attachment wounds and trauma show up in the body, e.g., “amygdala hijack”
3. Gain exposure to exercises/interventions that a) help discover unconscious emotion held in the body and b) help re-instate the ‘pilot’—forebrain/executive function
4. Experience the healing process of the PBSP structure

Friday, June 25, 2010 9am-4:30pm Sign In 8:30am

**The Link Counseling Center, 348 Mount Vernon Highway
Sandy Springs 30328**

Cost: \$125 if registered by June 21, \$135 on site. \$75 for full-time graduate students. Lunch will be catered at a cost of \$10.

Refunds minus \$50 available until June 23.

How to register:

Check or cash only. Mail checks payable to SEPS to Renee Leathers, LPC, 3910 Gann Road, Smyrna, GA 30082.

More Information: Call Gus at 404-371-9171 ext. 2

REGISTRATION FORM

Name: _____

Address: _____

Phone #s: Work _____ Home _____

Email address: _____

License and number: _____

Workshop \$125. ___ Student \$75. ___ Lunch \$10. ___ Total enclosed _____

Six (6) CE hours applied for through GPA, LPCAGA, NASW-GA and GAMFT